

INTERMEDIATE SOLO (1:45), DUET / TRIO (2:05) AND TEAM (2:35) Technical Required Elements 1-3 must be performed in the order listed. Placement of additional routine requirements # 4-6 is optional.	
1A. Figure #348e Tower spinning 360 [DD 2.0]	1B. Figure #348 Tower [DD 1.9]
2A. Figure # 423 Ariana [DD 2.2]	2B. Figure # 420 Walkover, Back [DD 1.9]
3. Figure # 301 Barracuda [DD 1.9]	
4. Solo Additional Routine Requirement – maximum of 1 x Free Hybrid must be performed. Placement within the routine is optional	
5. Duet and Trio Additional Routine Requirements. Placement within the routine is optional. • 1 x Free Hybrids • 1 x ChoHY or 1 x Pair Acrobatic* • *See Article 1, Section 1.05.	
6. Team Additional Routine Requirements. Placement within the routine is optional. • 1 x Free Hybrids OR • 1 x ChoHY or 1 x Team Acrobatic Movement* (with DD safety limit**) • *See Article 1, Section 1.04.	
7. Solo, Duet and Trio General Routine Requirement – Technical Required Elements # 1- 3 shall be performed parallel to the sides of the pool where the panels of judges are seated.	
8. Duet, Trio and Team General Routine Requirement – All Technical Required Elements # 1-3 must be performed simultaneously and facing the same direction by all competitors. Mirror actions are not permitted during the Technical Required Elements.	