

Knoxing Guide

Making the Knox (do the night before or a couple hours before hand)

1. Mix 4 packets (28.8 g) of Knox gelatin with a ¼ cup of water in a microwave safe bowl by adding one packet at a time to the water and mixing before adding the next.
2. Microwave the Knox mixture for 30 seconds. Mix the mixture and then microwave in 10 second increments until the mixture is liquid.
3. Let set for a minimum of 30 minutes or overnight.

Reheating the Knox

4. Heat the Knox in the microwave for 10 – 15 seconds just until the top layer is melted. Use a fork to pull off the layer of bubbles that have formed on the top of the Knox.
5. Heat the Knox for an additional 30 seconds or until melted.

Applying the first coat

6. Get the hair wet
7. Brush the hair into a tight, high ponytail with the start of the ponytail resting on the crown of the head. Make sure that there are not any major bumps in the hair and that the hair is not sagging in any areas.
8. Dip a dye brush in the Knox and then brush the Knox onto the hair starting from the hair line towards the hair tie.
9. Immediately after brushing on the Knox, use a fine tooth comb to comb the hair back starting from the hair line towards the hair tie.
10. Repeat steps 8 and 9 going all the way around the head. NOTE: Only comb through a section of hair once. Combing over the same section multiple times will result in globs of Knox forming on the top of the head.

Bunning

11. Wet your hands, and redo the ponytail to retighten it and fix any lumps or bubbles that might have formed during the 1st coat.
12. Once the ponytail is looking good, split the hair into three equal sections.
13. Braid each of the sections and secure it at the bottom with a tiny hair tie
14. Wrap one of the braids around the hair tie and secure with bobby pins
15. Wrap the second braid in the opposite direction and secure with bobby pins
16. Wrap the third braid in the opposite direction as the second braid and secure with bobby pins.
17. Wrap the bun in a hairnet wrapping the hairnet around the bun as many times as possible before securing with bobby pins.

Bunning Video: <https://youtu.be/YAISiJTbm24?t=58> (watch from 0:58 – 1:44)

Applying the second and third coat

18. Reheat the Knox
19. Using the dye brush, apply another coat of Knox to the head always brushing from the hair line to the base of the bun. DO NOT KNOX THE BUN.
20. Let the gel set for 15-20 minutes (it should not be tacky)
21. Repeat steps 18-19 to apply a third coat.